

Parenting Supports in Co. Tipperary: January – March 2020



WELCOME TO THE TIPPERARY CHILDREN & YOUNG PEOPLE'S SERVICES COMMITTEE PARENT SUPPORT CALENDAR, Q. 1, 2020. THE INFORMATION BELOW IS ORGANIZED UNDER 4 SECTIONS, AS FOLLOWS:



- Parenting Group Programmes
- Parenting Supports
- Parent & Toddler Groups / Mother & Baby Groups
- Parenting Talks/Workshops

Parenting (Group) Programmes

<u>Area</u>	<u>Details of programme</u>	<u>Date of Commencement</u> <u>Duration</u>	<u>Venue</u>	<u>Target Group</u>	<u>Contact Details</u>
Northern section of Co. Tipperary	TLC Kidz Programme Concurrent groupwork programme for children and mothers who have experienced Domestic Violence	- To commence in late February / early March 2020 - Open for referrals	Venue in North of the county to be confirmed	Children aged between 6-16 years <u>and</u> their mothers from the North of the county	Barnardos Centre, Thurles Margaret Carroll Blake Tel. (0504) 20018 E-mail: info@thurles.barnardos.ie
	'Parenting when Separated' (Parents Plus) <u>Group programme:</u> - solving co-parenting problems and coping with the emotional impact of separation for parents and children.	- To commence on Tues. 11 th February 2020	Silver Arch Family Resource Centre, 52 Silver Street, Nenagh	Separated Parents of children & young people, 0 – 18 years from North Tipperary area	Fiona Naughnane, Silver Arch Family Resource Centre, Nenagh Tel (067) 41924 087 7921883

Northern section of Co. Tipperary	<p>Parenting Adolescents (<i>Parents Plus</i>) <u>Group programme:</u> To assist parents to guide their teens to be responsible confident young adults:</p> <ul style="list-style-type: none"> - Building Good Relationships - Effective Communication - Negotiating Rules & Boundaries - Building Confidence - Conflict Resolution 	- January- March 2020	Silver Arch Family Resource Centre, Silver Street, Nenagh	Parents of Adolescents	<p><i>Fiona Naughnane, Silver Arch Family Resource Centre, Nenagh</i></p> <p><i>Tel (067) 41924 087 7921883</i></p>
	<p>Circle of Security <u>Group programme:</u></p> <ul style="list-style-type: none"> - Focuses on how parent/child relationships can be strengthened - A unique approach teaching parents and guardians new ways to understand children's needs and behaviours - Effective ways to respond to these needs and behaviours 	- To commence in February 2020	Venue in Nenagh	Parents and carers of children and young people up to 16 years	
	<p>Circle of Security <u>Group programme:</u> Parents will learn to:</p> <ul style="list-style-type: none"> - Understand their child's emotional world by learning to read emotional needs - Support their child's abilities to successfully manage emotions - Enhance the development of their child's self-esteem - Honour their own innate wisdom and desire for their child to be secure 	<ul style="list-style-type: none"> - 2 programmes to commence in Q. 1 2020 - Locations in Nenagh and Thurles, respectively. - 8 weeks per programme 	<p><u>Nenagh programme in:</u> Silver Arch Family Resource Centre, Silver Street, Nenagh</p> <p><u>Thurles programme:</u> Venue to be confirmed</p>	Parents of children from pre-birth to 4 years	<p><i>Brigid Murphy, Community Mothers Programme, Silver Arch Family Resource Centre, Nenagh</i></p> <p><i>Tel. (067) 31800 087 - 2780029</i></p>

Roscrea	<p>Circle of Security <u>Group programme:</u> This parenting course focuses on how parent – child relationships can be strengthened. It takes a unique approach to teach parents & guardians new ways to understand children’s needs and behaviours. It offers effective ways to respond to these needs and behaviours.</p>	Date in February 2020, to be confirmed	Venue in Roscrea	Parents of babies and children from 4 months to 6 years	<p><i>Linda Dermody, North Tipperary Development Company</i></p> <p><i>Tel. (0505) 24462</i></p>
Templemore	<p>Mellow Bumps <u>Group programme:</u> Mellow Bumps is a 6-week attachment based programme for pregnancy offered for mums-to-be. It has been shown to reduce stress levels among the mums who participate. It helps mums to identify a support network for themselves, and develops understanding around a baby's ability to interact from birth, and the importance of this interaction for a baby's brain development.</p>	Date in Q. 1 (<i>Jan–March</i>), 2020	Old Courthouse, Bank Street, Templemore	Women who are pregnant	<p><i>Orlaith McDowell, Templemore Community Services</i> <i>Tel. 083-1606832</i> <i>(0504) 31244</i> <i>socialworktss@gmail.com</i></p> <p><i>Stephanie O’Callaghan, More Family Support Project, Templemore.</i> <i>Tel. 087-2642203</i> <i>(0504) 56641</i></p>
Thurles	<p>Partnership with Parents <u>Group programme:</u> To address such issues as:</p> <ul style="list-style-type: none"> - Managing Children with Anxiety - Positive Behaviour Management - Bereavement - Parental Self-Care 	<ul style="list-style-type: none"> - To commence in Q. 1, 2020 - 6 weeks 	Barnardos Centre, Thurles, and in Family Home	Parents of children, 2 – 18, in Thurles Primary Care catchment area	<p><i>Barnardos Centre, Thurles</i></p> <p><i>Tel. (0504) 20018</i></p>

Cashel	<p>Parents Plus ‘Children’s Programme’ (Parents Plus): <u>Workshop / one session</u></p> <ul style="list-style-type: none"> - To develop a close and warm relationship with your child and to enjoy being their parent - To set rules and establish positive routines in the home - To manage difficult behaviour and discipline problems - To solve Childhood problems in a positive way that helps your child learn. 	Date in March 2020, to be confirmed.	Spafield Family Resource Centre, Cashel	Parents of children 6-11 years, Cashel area	<p><i>Fiona Hayes,(Family Support Manager)</i> <i>Diana Buckley,(Family Support Worker)</i></p> <p><i>Spafield Family Resource Centre, Old Road, Cashel Co. Tipperary Tel. (062) 63622</i></p>
	<p>Parents Plus Adolescents Programme (Parents Plus) <u>Workshop / one session</u></p> <ul style="list-style-type: none"> - Getting to know and connecting with your teenager - Communicating positively and effectively - Building your teenager’s self-esteem and confidence - Negotiating rules and boundaries - Teaching teenagers responsibility - Positive discipline for teenagers - Managing conflict - Solving problems together 	Date in February 2020, to be confirmed.	Spafield Family Resource Centre, Cashel	Parents of adolescents	
Clonmel	<p>Mellow Bumps <u>Group programme</u> Supporting Mums to Be with positive self-care and building a bond with their baby in the womb</p>	<ul style="list-style-type: none"> - To commence in mid-February 2020 - 6 weeks - Weekly, for 2 hours 	Clonmel Community Resource Centre, Kickham Street, Clonmel	Mums to Be, women expecting their babies in the summer of 2020	<p><i>Emma Moloney, Medical Social Worker, South Tipperary General Hospital, Clonmel</i></p> <p><i>Tel. (052) 6187604</i></p>

Carrick-on-Siúir	Common Sense Parenting (Boys Town Parenting programme) <u>One-to-one or group programme:</u> To help parents to: - Build Family Relationships - Deal with problem behaviour - Teach social skills - Promote self control	To start in Q. 1, 2020, depending on numbers	Foróige NYP office, 16 Kickham Street, Carrick-on-Siúir	Parents of children, aged 6 – 16 years	<i>Siobhán Clifford, Foróige Neighbourhood Youth Project, Carrick-on-Siúir</i> <i>Tel. 086-8331886</i>
	Non-Violent Resistance programme <u>One-to-one or group programme:</u> - To help parents to deal with Child to Parent violence	To start in Q. 1, 2020, depending on numbers	Foróige NYP office, 16 Kickham Street, Carrick-on-Siúir	Parents of children, aged 10 – 17/18 years	
	Common Sense Parenting (Boys Town Parenting programme) <u>Group programme:</u> (see above)	To start in February/March 2020	Presentation Primary School, Greenside, Carrick-on-Siúir	Parents of children attending Primary School in the Carrick area	<i>Emma Power Presentation Primary School, Carrick-on-Siúir</i> <i>Tel. 086-0414829</i>

Parenting Support

<u>Area</u>	<u>Details of services</u>	<u>When</u>	<u>Venue</u>	<u>Target Group</u>	<u>Contact Details</u>
Northern section of Co. Tipperary	Partnership with Families project: Advocacy service for parents of children in the care of Túsla - To support parents to engage with Túsla and other relevant services - To support parents to have continued involvement with their children in care	<ul style="list-style-type: none"> Ongoing 	North Tipperary Community Services, 52 Silver Street, Nenagh	Parents of children in the care of Túsla in the North of the county.	<i>Eileen Healy, Advocacy Worker, Silver Arch Family Resource Centre, Nenagh</i> <i>Tel.(067) 31800</i>

<p>Northern section of Co. Tipperary (includes Ballina Borrisokane Borrisoleigh Cloughjordan Newport Nenagh Portroe Rathcabbin & Thurles)</p>	<p>Community Mothers Programme (Nenagh /Thurles):</p> <ul style="list-style-type: none"> - Parent, Toddler and Baby Groups - Parenting advice and information (<i>Incredible Years Parent & Baby programme</i>) - Infant Baby massage - Breast-feeding support - Healthy Weaning clinics (with PHN team) 	<ul style="list-style-type: none"> • As required 	<p>Areas listed in column 1</p>	<p>Families living in the areas listed with children from birth to pre-school age.</p>	<p><i>Brigid Murphy, Community Mothers Programme, Silver Arch Family Resource Centre Nenagh</i></p> <p><i>Tel. (067) 41922 087 2780029</i></p>
<p>Southern section of Co. Tipperary</p>	<p>Barnardos Student Mothers' Group: <u>Support for young expectant mothers and young mothers to remain in second-level education:</u></p> <ul style="list-style-type: none"> - One to one work - Childcare subsidy - Educational support - Financial support towards books and school materials - Group work programmes and social events 	<ul style="list-style-type: none"> • As required 	<p>In the home or in school</p>	<p>Expectant student mothers or student mothers in second level education in the South of the county</p>	<p><i>Annette Dowling, Barnardos, 130 Clonard Park, Ballybeg, Waterford</i></p> <p><i>Tel. 087 6472019</i> info@wsm.barnardos.ie</p>
	<p>Teen Parent Support Programme (Positive Parenting for Changing Families programme)</p> <ul style="list-style-type: none"> - One-to-One - Outreach service 	<ul style="list-style-type: none"> • As required 	<ul style="list-style-type: none"> - In the home <u>or</u> at venue of choice 	<p>Teen parents aged 19 years and under in the South of Co. Tipperary</p>	<p><i>Bernie Loughman, St. Catherine's Community Services, Carlow</i></p> <p><i>Tel.085 1101511 (059) 9138700</i></p>

<p>Nenagh and surrounding area</p>	<p>North Tipperary Parents Support Project: The Parent Support Programme provides support for parents with everyday life events, including:</p> <ul style="list-style-type: none"> - parental stress - parental styles - parenting through separation - peer group pressure - childhood stress & anxiety - social media concerns. <p>Support is provided in one-to-one sessions, group parenting courses, themed parenting talks, workshops and seminars</p>	<ul style="list-style-type: none"> • On-going 	<p>Silver Arch Family Resource Centre, 52 Silver Street, Nenagh</p>	<p>Parents from Nenagh, Borrisokane, Newport, Toomevara and surrounding areas</p>	<p><i>Fiona Naughnane, Silver Arch Family Resource Centre Nenagh.</i></p> <p><i>Tel (067) 41924 087 7921883</i></p>
<p>Roscrea</p>	<p>Youth Family Support service:</p> <ul style="list-style-type: none"> • Advice/information on parenting • Support on issues affecting parenting 	<ul style="list-style-type: none"> • As required 	<p>North Tipperary Development Company premises, Roscrea</p>	<p>Parents from Roscrea area</p>	<p><i>Linda Dermody, North Tipperary Development Company</i></p> <p><i>Tel. (0505) 24462</i></p>
<p>Templemore</p>	<p>Parenting/ Family Support</p> <ul style="list-style-type: none"> • One to one parenting support • Family support service • Advice and information on wider issues affecting parenting <p>Incredible Years Baby Programme <u>One-to-one:</u></p> <ul style="list-style-type: none"> - To help baby to feel loved, safe, and secure - To encourage baby's physical and language development 	<ul style="list-style-type: none"> - Monday, Tuesday & Thurs., 9.00 – 5.00 p.m.; Wed., 9 - 12 - Drop-In & by Appointment - By appointment 	<p>Templemore Community Services Centre, Bank Street, Templemore</p>	<p>Parents of children aged 0-18 years and parents-to-be in Templemore and environs</p> <p>Parents / carers of babies aged 0 – 6 months old</p>	<p><i>Orlaith McDowell, Templemore Community Social Services</i></p> <p><i>Tel. (0504) 31244</i> socialworktss@gmail.com</p>

Templemore	Parents Plus – Early Years Programme: <u>One-to-one</u> <ul style="list-style-type: none"> - Tuning in to your child - Play and Special Time - Establishing routines and rewards - Encouragement and Talking about Feelings - Using consequences to deal with misbehaviour - Teaching new skills and language - Time in and Time out - Creative play and problem solving - Using stories to teach children - Parent self-care 	- By appointment or referral	More Family Project office, Old Courthouse, Bank Street, Templemore	Parents of children, aged 1 – 6 years	<i>Stephanie O’Callaghan,</i> <i>More Family support Project,</i> <i>Templemore</i> <i>Tel. (0504) 56641</i> <i>087-2642203</i>
	Parents Plus – Working Things Out Programme (for adolescents) <u>One-to-one</u> <ul style="list-style-type: none"> - Getting along with Parents - The key to solving problems - Managing feeling down - Developing helpful thinking strategies - Dealing with Anger and Conflict - Communication for Building Positive Relationships - Making Positive Changes 	- By appointment or referral		Adolescents, aged 11 – 16 years	

Templemore	Parenting Support <ul style="list-style-type: none"> - One-to-one - Advice/information on parenting - Support on issues affecting parenting 	<ul style="list-style-type: none"> - As required - Drop In 	More Family Project office, Old Courthouse, Bank Street, Templemore	Families and Parents of children, aged 0 – 18 years, from Templemore and environs	<i>Stephanie O’Callaghan, More Family support Project, Templemore</i> <i>Tel. (0504) 56641 087-2642203</i>
	Life Outside the School Box: A parenting peer support group for parents of children of any age that are experiencing anxiety around school issues.	<ul style="list-style-type: none"> - Meetings once per month 		Parents of children of any age that are experiencing anxiety around school issues	
Thurles area	Partnership with Parents <ul style="list-style-type: none"> - Support to parents and children - Tailored around specific needs - Includes structured parenting programme, parent-child work and work with children <p>Available on a one-to-one basis for parents</p>	<ul style="list-style-type: none"> • As required 	Barnardos Centre, Thurles, and in Family Home	Parents of children, 2 – 18, in Thurles Primary Care catchment area	<i>Barnardos Centre, Thurles</i> <i>Tel. (0504) 20018</i>
	Partnership with Parents –Birth to 2 Years <u>One-to-one programme:</u> <ul style="list-style-type: none"> - Developing parents’ understanding of their child’s needs - Developing their understanding of their child’s development - Improving their relationship with their child - Understanding their approach to parenting 	<ul style="list-style-type: none"> • As required 		Parents of children aged 0 – 18 months in Thurles Primary Care catchment area	

Clonmel	Barnardos Family Support Project is a community based project in Clonmel that offers support and advice to families experiencing a difficult period.	Ongoing and for as long as needed.	In Barnardos Family Support project premises <u>or</u> in the family home	Parents / Carers living in Clonmel or its environs	<i>Barnardos Family Support Project, Clonmel</i> <i>Tel. (052) 6170665</i>
	Partnership with Parents To support parents to build their parenting skills, and to strengthen relationships Available on a one-to-one basis for parents	<ul style="list-style-type: none"> As required 	Barnardos office, Clonmel	Parents of children and teenagers 0 – 17 years	
	Partnership with Parents –Birth to 2 Years (see above) Available on a one-to-one basis for parents	<ul style="list-style-type: none"> As required 		Parents of children aged 0 – 18 months	
Carrick-on-Siúir	Common Sense Parenting (Boys Town Parenting programme): <u>One-to-one</u> To help parents to: <ul style="list-style-type: none"> - Build Family Relationships - Deal with Problem Behaviour - Teach Social Skills - Promote Self Control 	<ul style="list-style-type: none"> As required 	Foróige NYP office, 16 Kickham Street, Carrick-on-Siúir	Parents of children, aged 6 – 16 years	<i>Foróige Neighbourhood Youth Project, Carrick-on-Siúir</i> <i>Siobhán Clifford:</i> <i>Tel. 086-8331886</i> <i>Sarah Dunleavy:</i> <i>Tel.086-0479851</i>
	Non-Violent Resistance programme: <u>One-to-one programme:</u> <ul style="list-style-type: none"> - To help parents to deal with Child to Parent violence 	<ul style="list-style-type: none"> As required 		Parents of children, aged 10 – 17/18 years	

Clonmel / Cahir/Cashel/ Carrick-on-Siúir/ Fethard	Clonmel Community Mothers Programme Community Mother Home Visits providing: <ul style="list-style-type: none"> - Support & Information re. Child Development & Parenting - Ante-natal support - Breast-feeding support - Mother & Baby Groups - Parent & Toddler Groups 	<ul style="list-style-type: none"> • As required 	In the home <u>or</u> in the office as required	Parents of children, 0 – 5 years in Clonmel, Cahir, Carrick-on-Siúir, Cashel and Fethard.	<i>Jill Sandvoss, Clonmel Community Mothers Programme</i> <i>Tel. (052) 6128199</i>
Cashel	Parenting Support (<i>Parents Plus Children's programme</i>) <ul style="list-style-type: none"> • One-to-One • Advice on Parenting • Listening & Referral service 	<ul style="list-style-type: none"> • By appointment 	Spafield Family Resource Centre, Cashel	Parents of children, aged 6 – 17 years from Cashel area	<i>Fiona Hayes, (Family Support Manager)</i> <i>Diana Buckley, (Family Support Worker)</i> <i>Spafield Family Resource Centre, Old Road, Cashel Co. Tipperary</i> <i>Tel. (062) 63622</i>
	Parent/Family Support Drop in Service	<ul style="list-style-type: none"> • Monday, 10-12 		Parents and families	
	Parenting Support (<i>Parents Plus Parenting When Separated programme</i>) <ul style="list-style-type: none"> • One-to-One 	<ul style="list-style-type: none"> • By appointment 		Separated parents	
	Youth and Family Support programme (<i>Parents Plus Adolescent and Parents Plus Working Things Out programmes</i>) Working with parents and young people on a range of issues and includes one-to-one sessions with young people	<ul style="list-style-type: none"> • By appointment 		Parents and young people between the ages of 11 – 16 years	

Slieve Ardagh area	One-to-One Parenting Support Drop-in clinic: <ul style="list-style-type: none"> - One-to-one - Parenting Support and Advice - A Listening Ear 	<ul style="list-style-type: none"> • Monday, 9.30 a.m. – 12.30 p.m. • Weekly 	Millennium Family Resource Centre, Glengoole	Parents from Slieve Ardagh / Glengoole, Killenaule, Ballingarry, & Mullinahone areas	<i>Julie O'Halloran, Millennium Family Resource Centre Tel. (052) 9157992</i>
	Parents Plus Adolescents Programme One-to-one parenting support including family sessions as required	By appointment or referral		Parents of children, aged 11 - 16 years, from Slieve Ardagh / Glengoole/ Killenaule/ Mullinahone/ Ballingarry	
	Parent Child Attachment Play (PCAP) <ul style="list-style-type: none"> - A gentle play-based approach aimed at improving the attachment quality of the parent-child relationship. - Uses child-oriented play with parents/carers and their children aged 3-15+ years. - Brings positive relationship change directly into the family home by empowering parents and carers as change agents. - PCAP practitioners work with the parent(s) or carer(s) and not directly with the child(ren). 	By Referral – this programme is aimed at parents who experience attachment issues with their child / children.		Parents of Children aged 3-15+	
	Play Therapy service for children	<ul style="list-style-type: none"> - By appointment or referral - Sliding scale charge applies 		Children, aged 4 – 14 years	

Slieve Ardagh area	Incredible Years Home Coaching Programme: One-to-one parenting programme with a focus on: <ul style="list-style-type: none"> - Strengthening children’s Social Skills, Emotional Regulation and School Readiness Skills. - Using Praise and Incentives to Encourage Co-operative Behaviour - Positive Discipline – Rules Routines & Effective Limit Setting, Handling Misbehaviour. 	<ul style="list-style-type: none"> • 10 week programme • Referral by professionals 	Millennium Family Resource Centre, Glengoole <u>or</u> in the Home.	Parents of children, aged 3 – 12 years, from Slieve Ardagh / Glengoole/ Killenaule/ Mullinahone/ Ballingarry	<i>Julie O’Halloran, Millennium Family Resource Centre</i> <i>Tel. (052) 9157992</i>
	Baby Bonding <ul style="list-style-type: none"> • Baby bonding classes are a special weekly session for parents to enjoy with their babies. • These are relaxed sessions, well-grounded in Attachment theory and research, helping to deepen the bond between parent and baby. • Parents and babies can have fun and relax using easy activities, baby strokes, simple rhymes and lullabies 	Small group – depending on demand.	Millennium Family Resource Centre Glengoole	Parents of young children at each of following stages: <ul style="list-style-type: none"> - Bumps (28 + weeks pregnancy) to Crawling - Crawling to Toddling - Toddlers 	
	Mindfulness for Children programme	<ul style="list-style-type: none"> - Starts Wed., 26th February after school - 6-week programme 		Separate groups for children aged 5 – 8 years, and aged 9 – 12 years	

Tipperary town	Parenting Support (<i>Positive Parenting for Changing Families programme</i>) <ul style="list-style-type: none"> • One-to-One • Support on parenting and family issues • Listening and referral service 	<ul style="list-style-type: none"> • Mondays & Wednesdays by appointment 	Knockanrawley Resource Centre, Tipperary	Parents of children, 0 – 12 years, from Tipperary town and environs	<i>Helen Buckley, Parent & Family Support Programme, Knockanrawley Resource Centre. Tel. (062) 52688</i>
	Incredible Years Home Coaching Programme: One-to-one parenting programme with a focus on: <ul style="list-style-type: none"> - Strengthening children’s Social Skills, Emotional Regulation and School Readiness Skills. - Using Praise and Incentives to Encourage Co-operative Behaviour - Positive Discipline – Rules Routines & Effective Limit Setting, Handling Misbehaviour. 	<ul style="list-style-type: none"> • 10 week programme • By referral from professionals 		Parents of children, aged 3 – 6 years	
	SHE Group: Lone Parent Group	<ul style="list-style-type: none"> - Weekly session - Thursday, 11 – 1 p.m. 		Women who are Lone Parents in area of Tipperary town	
	Parenting Club (Peer support & Mentoring Group)	<ul style="list-style-type: none"> - Weekly session - Wednesday, 10.30 – 12.30 p.m. 		Parents in area of Tipperary town	
	Dads Matter Support Group for Fathers	<ul style="list-style-type: none"> - To be delivered subject to demand 		Fathers in area of Tipperary town	

Tipperary town	Parenting Support (<i>Positive Parenting for Changing Families programme</i>) <ul style="list-style-type: none"> • One-to-One • Advice on parenting 	<ul style="list-style-type: none"> • As required 	Three Drives Family Resource Centre, Grenane Drive, Tipperary	Parents of children and young people in Tipperary town	<i>Three Drives Family Resource Centre, Tipperary town</i> <i>Tel. (062) 80831</i>
	Art Therapy for children <ul style="list-style-type: none"> • One-to-one • Referrals from parents, schools, etc. • For children with issues around anxiety, bullying, anger management, withdrawing behavior, etc. 	<ul style="list-style-type: none"> • As required <p><i>Sliding scale charges apply</i></p>		Children & young people, 4 – 18 years in Tipperary town	
	Play Therapy for children <ul style="list-style-type: none"> • As above 				

Parent & Toddler Groups / Mother & Baby Groups

<u>Area</u>	<u>Details of services</u>	<u>When</u>	<u>Venues</u>	<u>Target Group</u>	<u>Contact Details</u>
Co. Tipperary	Parent & Toddler Groups: <ul style="list-style-type: none"> - Structured groups where parents engage in play and dance with their toddlers - Waiting lists apply in some cases 	<ul style="list-style-type: none"> - Weekly sessions - Ongoing 	In various locations around the county: see web-link below	Parents & Toddlers	<i>For full list of Parent & Toddler Groups in the County, follow web-link below</i>

For full list of Parent & Toddler Groups in the County, please go to Tipperary County Childcare Committee web link at:

<http://tipperarychildcarecommittee.ie/parent-toddler-groups/>

Northern section of Co. Tipperary	Parent, Toddler & Baby Groups - Group Activities with parents & children to enhance development of children through play, story-telling & rhyme time	- Weekly sessions - Ongoing	9 locations: In Ballina, Borrisokane, Borrisoleigh, Newport, Cloughjordan, Portroe, Nenagh, Rathcabbin and Thurles.	Parents & Babies/ Toddlers	<i>Brigid Murphy, Community Mothers Programme, North Tipperary Community Services</i> <i>Tel. (067)41922 087 2780029</i>
Roscrea	Parent, Toddler & Baby Group(s) Group Activities with parents & children to enhance development of children through play, story-telling & games and music.	- To commence in January 2020 - Weekly sessions	Methodist Church Hall, The Mall, Roscrea, Co. Tipperary	Parents & Babies/ Toddlers	<i>Linda Dermody, North Tipperary Development Company</i> <i>Tel. (0505) 24462</i>
Templemore	Templemore Baby and Toddler Group	- Thursday, 10 – 11.30 a.m. - During school-term	'Tiny Tots', Templemore Community Preschool, Church Ave, Templemore (opposite Fire Station)	Parents / carers of children up to preschool age, and parents-to-be	<i>Orlaith McDowell, Templemore Community Social Services</i> <i>Tel. (0504) 31244 083-1606832</i>
Slieveardagh Area - Killenaule	Bumps Babies & Beyond (Parent & Toddler Group)	Wednesday, 11-12 a.m	Hilltop Playschool Killenaule	Parents/Carers /Grandparents & babies/toddlers	<i>Julie O'Halloran Millennium Family Resource Centre Glengoole</i> <i>(052) 9157992</i>
Carrick-on-Siúir	Parent & Toddler Group	Tuesday mornings, 10 – 11.30 a.m.	Nano Nagle Centre, Carrick-on-Siúir	Parents/Carers / Grandparents & babies/toddlers	<i>Deirdre O'Dwyer, South Tipperary Development Company</i> <i>Tel. 086-1703473</i> <i>Sr. Bridget O'Keefe, Nano Nagle Centre</i> <i>Tel. (051) 642418</i>

Clonmel & Cahir	Parent & Toddler Groups: 4 in Clonmel, 1 in Cahir	- Weekly sessions	Venues in Clonmel & Cahir	Parents, carers and toddlers	<i>Jill Sandvoss, Clonmel Community Mothers Programme Tel. (052) 6128199</i>
Cashel & Clonmel	Mother & Baby Groups: To meet other parents of babies with Community Mothers on hand to provide support and information. Breast-feeding practitioner available.	- Weekly sessions - Ongoing	Venues in Cashel & Clonmel	Mothers & Babies	

Parenting Talks / Workshops

<u>Area</u>	<u>Subject of presentation & Presenters</u>	<u>When</u>	<u>Venue</u>	<u>Contact</u>
Co. Tipperary	Training workshops for professionals and parents on different autism-related issues: <ul style="list-style-type: none"> - Autism and Social Communication: - Autism, Learning Styles and the Impact Of Visual Teaching Methods: - Autism and Anxiety Management: - Autism and the Promotion of Positive Behaviour: - Autism and Sensory Processing: <i>Admission free</i>	<ul style="list-style-type: none"> - Tuesday, 14/01/ 2020 - Tuesday, 21/01/2020 - Tuesday, 28/01/2020 - Tuesday, 04/02/2020 - Tuesday, 11/02/2020 	Scoil Mhuire National School, Newcastle, Clonmel. Co. Tipperary	Booking essential www.middletownautism.com

