



MAY

2024

Age & Opportunity
Bealtaine Festival
Celebrating the arts and creativity as we age

Welcome to Tipperary Bealtaine 2024

Each year in the month of May, Bealtaine is presented as an annual nationwide festival celebrating the arts and creativity as we age. The festival is an initiative of Age & Opportunity, the national organisation that promotes active and engaged living as we get older. We in Tipperary Arts Office together with our colleagues in the Tipperary Library Service, are delighted once again to present a full and varied programme of events and activities across the county.

Tipperary Arts Office, with support from the Arts Council, puts out a call each year to professional artists based in Tipperary to propose projects or events targeted at older people. In 2024, these events include one off performances and exhibitions as well as longer-term engagement projects based in community and care settings, which will culminate in a showcase during the month of May.

The Libraries run an extensive programme of activities across all branches. We are delighted to have the support of Tipperary ETB who are providing some workshops in all our branches throughout May. We also acknowledge the ongoing support of Tipperary Age Friendly, Creative Ireland and Healthy Ireland without which we could not provide access to so many free events.

The theme for Bealtaine 2024 – 2026 is Lust for Life, based on Iggy Pop's iconic punk-era song celebrating life's dreams, ambitions, intoxications and excesses. We hope you will join in and attend some events, embracing your own Lust for Life this year!

What's on where

Programmes in the Tipperary Bealtaine Festival extend right across the county. Listings by location are included in the table of contents below:

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CARRICK-ON SUIR

It's Now or Never

Setting: Ormond Dance Hall, Carrick-on Suir, 1960s

Four young people enjoy a night out: two sisters, one a town telephone operator, who knows everyone's business, the other a bold fearless young woman in defiance of authority; the fellas, a 'Flash Harry' type just back home from England, full of bravado stories of his adventures across the Irish Sea; the other, an only son of a farmer who is withered with rural life and yearns for change. The next bus to the ferry to England is at 8am. Who will be on it?

This original short drama is inspired by recorded conversations, later transcribed, with 20 older adults in three care home settings in Carrick -on-Suir, who generously shared stories of a time when they were young, free, and single in the late 1950s/60s.

This project has multiple outputs: live, private performances in the Care Home settings so the storytellers can witness a performance for which they provided the source material; a public performance in the Library; an 'uncut' online audio version performed by the drama writers.

Project director: Linda Fahy, Tudor Artisan Hub; Project partners: Paula O'Dwyer, Liz Martin; Storytellers: Older Adults in Day Care Centre, Sonas and Greenhill Nursing Homes; Storytelling Consultants: Peg Power, Walter Dunphy; Writers/Voice Actors: Mary McGrath, Joe Whelan, John Corcoran, Heather Comerford, supported by Margaret O'Brien; Drama Consultant: Maria Clancy; Actors: Aileen O'Keeffe, Sheenagh Raggett, Neill Bourke, Enda O'Driscoll.



Free Public Performance

Wednesday 29th May 6.30pm Seán Healy Memorial Library, Carrick-On-Suir

Limited Space. Pre-booking required: tudorartisanhub@gmail.com / 051 640921/086 2560609

Audio Performance

Friday 31st May 6.30pm

'Uncut' Audio Play broadcast online via YouTube on Tudor Artisan Hub FB page

This event received funding support under the Creative Ireland programme

CLONMEL & THURLES

Irish Gothic

Patricia Hurl

Tipperary Arts Office has partnered with the Irish Museum of Modern Art (IMMA), South Tipperary Arts Centre (STAC), Clonmel and the Source Arts Centre, Thurles, to bring Irish Gothic, by Tipperary-based artist Patricia Hurl to Tipperary. Irish Gothic presents the work of one of Ireland's most accomplished artists. The exhibition is selected from a major retrospective hosted by IMMA last spring and reconfigured as two separate shows in Clonmel and Thurles during May and June. Curated by Johanne Mullan, Curator: Collections, IMMA, the STAC show will feature some of Hurl's earlier pieces and works based on the female body, while the Source show will include later works and pieces from Hurl's Warrior series

See next page for details of a special 'inconversation' event between Patricia Hurl and Aideen Barry and a biography for Patricia Hurl.

The exhibition is in association with IMMA and supported by the Arts Council of Ireland and Tipperary Arts Office.







Irish Gothic at STAC, Clonmel

Friday 10th May - Friday 21st June



STAC (Clonmel) image credits Patricia Hurl *And she never even read Turgenev, 1989* Oil on canvas

Irish Gothic at the Source, Thurles

Friday 31st May - Saturday 29th June



Source (Thurles) image credits Patricia Hurl *The Company Wife, 1986* Oil on canvas

THURLES

Bealtaine special event

Tuesday 11th June, 2-3.15pm | Free admission, all welcome

Tipperary Bealtaine is delighted to announce a special 'in-conversation' event between featured Bealtaine artist **Patricia Hurl** and visual artist **Aideen Barry**.

Taking place in the Source Arts Centre, Thurles on **Tuesday 11th June** this stimulating and fascinating event will see the two highly regarded Tipperary-based artists exploring a range of topics that have informed and inspired each of their practices.



Patricia Hurl's work is by its nature political, and traverses the disciplines of painting, multi-media and collaborative art practice. Since the 1970s, she has created

work that deals with loss, pain, frustration and loneliness. Originally from Dublin and a former member of Temple Bar Galleries and Studios, Patricia Hurl often works in collaboration with artist Therry Rudin with whom she co-founded Roscrea's Damer Gallery in 2012. Hurl was a lecturer in Fine Art Painting at the former Dublin Institute of Technology and studied at NCAD and Dun Laoghaire School of Art and Design.

Hurl has exhibited widely in selected group and solo shows including *Who Will Write The History Of Tears?*, Museum of Modern Art Warsaw, 2022; *The Narrow Gate of the Here and Now: IMMA 30 Years of the Global Contemporary: Queer Embodiment;* IMMA 2021 – 2022. Hurl has represented Ireland in symposiums in the US, Australia and Spain. Hurl's work is represented in private and public collections including IMMA; The Arts Council; the Highlanes Gallery and the Collection of University of Limerick. She was awarded the Pollock Krasner Artist award, 2023.



Aideen Barry is a practising Visual Artist based in Ireland but with international representation. In 2020 she was elected to the RHA. She is a member of Aosdána and

lectures in several universities and schools of visual art in Ireland, the US and Europe. Barry is an artist whose work encompasses a vast range of disciplines and subjects, such as domestic labour, environmental fracture. and human vulnerability. Her work meditates on feminism, classism, intersectionality, and inequality. Utilising archives, museums, and other dialectic processes, she seeks to transfer the unknown through the experiential; democratising access to visual culture and complex ideas of otherness through clever ploys of collaboration and plot devices that seduce the viewer into her multi spatial experiences. Her works reflect her commitment to confronting unsettling truths and addressing gaps in the canon.

Message to Your Younger Self

February to Friday 10th May

Throughout the months of February and March, the Write Minds: Poetry & Wellness group invited members of the public to take part in the creation of a communal list poem, *Message to Your Younger Self*. Eileen Acheson and Jenny Cox also facilitated a poetry writing workshop in March inviting members of the over 50s community to create and share their own words for inclusion in the poem.

From gathered words of wisdom, love, warning and inspiration, Eileen and Jenny worked on the curation of a unique piece of poetry which was transformed into a written artwork by Clonmel artist, Deirdre Delamere. This bespoke artwork will be unveiled at a dedicated Spoken Word event when the poem will be read in full and local writers of all ages will share their own responses. The artwork will remain on public display until the end of May.

The aim of this project is to engage people of all ages to share their own insights and to reflect on those of others. What would you say to your younger self? The final poem hopes to serve as a reminder that with age comes opportunity.

Jenny Cox & Eileen Acheson of Write Minds: Poetry & Wellness are writers and poets. Deirdre Delamere is an artist & printmaker.



Spoken word event and unveiling of art installation

Friday 10th May, 7pm Main Guard, Clonmel. All welcome

With thanks to Clonmel Library, the OPW and staff at the Main Guard, Clonmel.

Facebook @ Write Minds: Poetry & Wellness

GLENGARRA

Buns and Brushes

Buns And Brushes

A second venture of The Retracing Project engages active retirees and older community members in a project of social sharing, creativity and intergenerational engagement through baking and painting.

Burncourt is renowned for its community spirit to include its care of and support for its older citizens. What is often uncelebrated is the contribution older citizens make to the community events across the local social calendar. Whether for a funeral tea (offered to all local bereaved families), the bi-annual Big Breakfast, the Holy Communion party, or other community events, a cohort of older men and women spend hours creating baked goods to be delivered to the community hall. This project is a celebration of their contribution to the community and will include a recipe sharing morning, a watercolour workshop and community baking classroom. There will be lots of tea, cake, chats and creative learning!

A pamphlet will be designed, printed and distributed in June.

Recipe sharing morning

Wednesday 15th May

Watercolour illustration workshop

Friday 24th May

Baking workshop & Tea Party [Participants and children from Burncourt National School]

Wednesday 29th May

Bernadette Doverman is an illustrator, yoga teacher, and co-owner of an independent coffee shop and cafe. As an emerging Art Therapist, she believes the creating of art to be a powerful therapeutic tool for mental health, whether you are just allowing yourself to play or creating an art piece for display.

Aisling Fitzgerald is a Musician, Creative Producer and Lecturer. Through this project, in elevating baking to a creative platform for the local community she believes, it will help those participating to unlearn the idea that baking is primarily a skill of science and reinforce, for them, the artistic and personal craftsmanship involved in baking.

Supported by Burncourt Community Council

This event received funding support under the Creative Ireland programme



If the Weather is Good, We can go for a Walk!

February to Friday 17th May

The state of the weather is probably our most familiar small talk. There are sayings, fables, folk tales, idioms and facts about the weather. There is colour, contrast, something for all the senses. This project uses weather as the theme introducing each session with phrases and images, and a selection of good quality drawing materials are available to use each week.

It's all about engaging with the residents of Padre Pio Nursing home who are part of this project. In their own words: The weather outside doesn't really matter anymore, but here it gets us thinking about things that we hadn't thought about or remembered for a long time. Enjoying each session together is what makes this project special. We will celebrate the project for the residents with a group exhibition as part of Nursing Homes Ireland Day on Friday 17th May 2024. We will share images from the project and the exhibition on the Padre Pio Facebook page.

Katy Goodhue is a visual artist who lives and works in the Slieveardagh Hills. Alongside her sculpture she works with groups originating and delivering projects that focus on their interests. Katy was a participant on the Artist Care Exchange provided by Age and Opportunity in 2023.

NENAGH

Lunchtime Jazz with Edel Meade

Nenagh Arts Centre - Thursday 30th May 1.10pm. Free admission

Edel Meade is one of Ireland's leading jazz vocalists noted for her stunning voice and mesmerising live performances. For this special Bealtaine event, Edel will perform a selection of timeless jazz classics made famous by the likes of Ella Fitzgerald, Billie Holiday and Peggy Lee. While her recent performances have been in Paris and San Francisco, this is a unique opportunity to hear Edel performing in her native County Tipperary! Relax and enjoy a lunchtime concert of uplifting swing music and soulful songs from one of Ireland's top jazz singers.

"Elegant vocals" The Irish Times

"She brings warmth, freshness and good timing." Sunday Independent

Ticket information

Tickets may be reserved at www.nenagharts.com

Email reception@nenagharts.com or call 067 34400



THE COMMONS, THURLES

The Yesteryear Project

February to Wednesday 29th May

Did you ever throw stones on the tin roof of the village forge, then run before you were caught? Or remember an old bed bound uncle who shot a crow from the comfort of his bed? Or recall a very thin neighbour in a very big hat? These are just a few of the childhood memories we are collecting... people's stories.

Take small individual memories, but talk about them in a social group and they lead to bigger memories of our local places, our history and our heritage; places and times so changed or just gone.

The Old School Social Group are workshop participants and co-creators of the Yesteryear Project with visual artist Katy Goodhue. The group members are recording these memories, and then exploring and celebrating them using collage and text.

The project will be showcased during the last two weeks of May. An exhibition and celebration of the project will be held in the Old School, The Commons for the local community in late May. The group will then take the exhibition to the Millenium Family Resource Centre for a get together with the Wednesday Social Group at the Bealtaine Festival 2024 celebration meal. **Katy Goodhue** is a visual artist who lives and works in the Slieveardagh Hills. Alongside her sculpture she works with groups originating and delivering projects that focus on their interests. Katy was a participant on the Artist Care Exchange provided by Age and Opportunity in 2023.



Exhibition & celebration Saturday 25th May 11am - 2pm The Old School, The Commons, Thurles

TIPPERARY TOWN

May Day



Inspired by the closing lines of Mary Oliver's poem *The Summer Day*: 'Tell me, what is it you plan to do with your one wild and precious life?' artists and poet Jo Slade, Gerry Carew and Patricia Leahy have invited members of the community to explore what it is to pay attention to their creative selves.

For many people the opportunity to explore creativity gets overlooked or is at best sporadic. Yet as we age we may feel an urgency to be creative and it may dawn on us that the need to explore our identity and expression through creativity can no longer be put on the long finger. Participants in the project are provided with regular uninterrupted studio space and time throughout May. Workshops include demonstrations, discussions and engagement with a variety of art materials, mediums and techniques from watercolour, to acrylic to inks. The use of yoga, meditation and words add another layer to the creation of individual images.

Jo Slade is a poet and painter. Author of six collections and two chapbooks of poetry. Joint winner, Michael Hartnett Poetry Prize 2014. Forthcoming poetry collection 2024. Gerry Carew has worked as an art therapist and visual artist for over forty years. She has exhibited in solo and group exhibitions and inspiration for much of her work comes from a strong connection to place, be it interiors or landscape. Patricia Leahy Corcoran holds an NCAD Fine Art Degree and an MA in Art Therapy. Patricia is dedicated to meditation and arts in health practices. Paula Hynes is a yoga teacher living in Tipperary. Her interests include creative writing, art and encouraging everyone to be comfortable in their own skin.

May Day Exhibition

Exhibition and performance of images and words

Friday 31st May, 7.30pm

@6s & 7s Gallery All welcome

MUSIC ON TOUR

Tipperary Arts Office's Music on Tour programme is a centrepiece of the Tipperary Bealtaine offering, where professional musicians perform in day care centres, nursing homes, hospitals and other settings. This year sees Deirdre O'Leary, Susan Doyle, Eamon O'Malley, Joe Roach and James O'Donovan performing right across the county

Music on tour 2024 locations:

- Cashel Day Care Centre
- Clonmel Hospital
- Fethard Day Care Centre
- Nenagh Hospital
- Newport Day Care Centre
- Templemore Day Care Centre
- Hospital of the Assumption, Thurles
- Knockanrawley Resource Centre, Tipperary Town

Tipperary town

Free public performance

@6s & 7s Gallery, Davis Street Wednesday 8th May 3-4pm

Free admission

Deirdre O'Leary and Susan Doyle perform an eclectic mix of classical duets, world music, and traditional Irish airs & ballads.



Creative Places Tipperary Town is part of the national Creative Places programme developed and funded by the Arts Council.

Other Events

Songlines, Cahir & Clonmel

Songlines engages those living with dementia and cognitive impairment through poetry and song. Participants in St Martha's and Rathkeevan nursing homes will discuss, read and sing together favourite poems and songs. Facilitated by Poet Margaret Galvin and Musician Peter O'Toole, the project aims to reveal memories associated with poetry and music. Songlines culminates in a special event performed from the Festival in Van stage as part of the Bealtaine festival. Songlines is funded by the Arts Council with support from Tipperary County Council, Mayo County Council, Réalta, and Poetry Ireland. Presented by Festival in a Van 2024. www.festivalinavan.com

Age Friendly Roscrea and Music Generation Tipperary, Roscrea

Music Generation Tipperary has partnered with The Rosie Greys choir for a special intergenerational event as part of Tipperary Bealtaine. Based at Age Friendly Roscrea, The Rosie Greys provide a social outlet for anyone who enjoys singing, in particular people with age related conditions or any condition that limit participation in society. Led by Musician Educator Kevin Sutton and Tadhg Maher, Music Director, Coláiste Rós Cré, a band of young people will collaborate with the Rosie Greys during May to prepare a very special performance at the end of the month! MG Tipperary is funded locally by Tipperary ETB and Tipperary Co. Council, and nationally by U2, The Ireland Funds and the Dept. of Education.



Music Generation Tipperary Thiobraid Árann

MAY FILM TOUR



The May Film Tour, organised by access>CINEMA and the Irish Film Institute to coincide with the Bealtaine Festival, takes place again in 2024.

The screenings are supported by GFD Communications (The Great Escaper), True Films (Birdsong) and through funding from the Arts Council and Tipperary County Council. Tipperary Bealtaine is delighted once again to partner with Tipperary BCPs (Broadband Connection Points) to bring films to Bealtaine audiences across Tipperary.



The Great Escaper

Tuesday 14th May 8pm Carrick on Suir, Brewery Lane Theatre To book: call 086 127 4736

Thursday 9th May 2pm Cloughjordan Cine Club in the Thomas MacDonagh Museum

In 2014, Bernard Jordan (Michael Caine) made global headlines by staging a "great escape" from his care home to join fellow war veterans in Normandy, commemorating fallen comrades at the D-Day Landings 70th anniversary. Bernie's story captured the imagination of the world as he embodied the defiant, "can-do" spirit of a disappearing generation. But it wasn't the whole story. It was an inspirational but sanitised retelling of one man's need to come to terms with the lasting trauma of war. Bernie's adventure also marked the culmination of his 60-year marriage to Rene (Glenda Jackson). The Great Escaper celebrates enduring love but always with an eye to the lessons we might learn.



Birdsong

Thursday 16th May 2pm Cloughjordan Cine Club in the Thomas MacDonagh Museum

Ornithologist Seán Ronayne is on a mission to record the sound of every bird species in Ireland – nearly 200 birds. He travels to some of the country's most beautiful and remote locations to capture its most elusive species and soundscapes: Skellig Michael's busy seabird colony; a quiet native woodland in the Burren; Tory Island's corncrake stronghold; a solitary nest in the Donegal uplands. We get to know Seán, whose hypersensitivity to sound is both a struggle and a strength. Inspiring yet cautionary, Seán's journey illustrates the beauty and importance of sound, and what listening can tell us about the state of our natural world.

Dir: Kathleen Harris Ireland, 2023 Language: English | 52 mins

OTHER BEALTAINE ARTS EVENTS

Nenagh Arts Centre

Age in Movement Dance Workshops

Wed 1st, 8th, 15th & 22nd May | 3-4pm

Drop in free admission. No booking required

Ready to discover the joy of dance? Join Tipperary Dance for their amazing weekly dance workshops for people ages 50+ led by dance artist Mia DiChiaro. Nurture your creative spirit and explore the joy of movement in a supportive and inclusive environment. No experience required. Drop in and give it a try!

Tipperary Dance Connects is supported by the Arts Council, Tipperary County Council, and Nenagh Arts Centre.

Making Space Exhibition, FREE

Wednesday 1st - Friday 31st May Mon-Fri, 9am-5pm

What does it feel like to be at home in our skin and in our bodies? Photographer Noel Shelley documents Tipperary Dance's performance ensemble of older dancers, Age in Movement. The exhibition traces their unique and vibrant choreographic process, guided by dance artist Mia DiChiaro.

Commissioned by Tipperary Dance

Funded by the Arts Council, Tipperary County Council and Excel Arts Centre in partnership with Nenagh Arts Centre

VIXEN (lunchtime theatre)

Thursday 9th May, Lunch: 1pm | Show: 1:30pm

€15 | Book tickets: www.nenagharts.com Email: reception@nenagharts.com or call 067 34400

Angie, mischievous and fun loving, reflects on her life as "the other woman"...It is the first anniversary of Martin's death - Angie's lover. His family has come to visit his grave. Angie watches from the safety of her car, hidden under the Yew tree. She remains unseen, her own grief buried deep within. She remembers the foxes, appearing in formation like a string of ugly thoughts...

Written by Helen Casey, performed by Rose Henderson, Director Caroline Fitzgerald, music design Neil Handly, set design Martin Cahill

Cloughjordan

If you can't get to see Vixen in Nenagh, catch it in the Parochial Hall, Step Road, Cloughjordan on Friday 24th May, 8:30pm

For tickets go to www.eventbrite.ie and search for Vixen



Source Arts Centre - other events

Poor Things

Wednesday 1st May, 8pm

From filmmaker Yorgos Lanthimos and producer Emma Stone comes the tale of the fantastical evolution of Bella Baxter (Stone), a young woman brought back to life by the brilliant and unorthodox scientist Dr Godwin Baxter (Willem Dafoe). Based on Alasdair Gray's novel, 'Poor Things' is a complex and visually striking film featuring an Oscarwinning performance from Emma Stone.

Dir. Yorgos Lanthimos I Ireland-UK-USA I 2023 I 141 mins Price: €9/5/This screening is free to over 65s as part of The Bealtaine Festival

100 Years of Change

Thursday 2nd May, 8pm

As Mabel Wallace marked 100 years in 2023, Tipperary filmmaker Nicholas Ryan Purcell decided to document her life. The documentary details many of Mabel's life memories and experiences: from the first family car in 1930 to a more recent focus on Mabel's extensive community work. With Mabel's living testimony as our guide, the viewer ventures into the heart of the Church of Ireland tradition in the rural parish of Shinrone.

Dir Nicholas Ryan Purcell I Ireland I 2024 I 110 mins Price: €8/This screening is free to over 65s as part of The Bealtaine Festival

Mick Flannery: Solo

Wednesday 8th May, 8pm. €30

His most recent offering 'Goodtime Charlie', Flannery's eighth studio record went straight to No. 1 at home in Ireland on the independent charts and No. 2 on the Official Charts.

Mick Flannery's songs are fluent in expressing layered aspects of the human condition, its flaws, triumphs, and general uncertainty. His live shows are renowned for his selfdeprecating humour, audience engagement and the ability to bring people on a journey of both heartbreak and joy, often in the same instance. Expect a great intimate solo show from Mick at The Source.

The Year Of The Hiker

Monday 13th to Saturday 18th May, 8pm

Price: €16 (€12 conc)

Thurles Drama Group: Dir: Greg Cullagh

Kate's husband left one day and was never seen for twenty years. But now he's returned, on their daughter's wedding day...

Is Hiker Lacey looking to be received with open arms and resume the role of family patriarch or has the family moved on? And what is the reason he left in the first place? John B. Keane's poignant look at family dynamics, love, bitterness, jealousy, selfishness and pride, is brought to life in this fine production.

LIBRARIES PROGRAMME

Featured Events

Brent Pope

Monday 27th May 7pm Littleton Hall

Booking essential: 052 616 6100



Brent Pope, former New Zealand rugby player, Irish television and media figure for over 30 years and trained psychotherapist has spent a lifetime as an advocate for greater mental health awareness and understanding. Speaking about how difficult it was for him to share his troubled past, especially in the public domain, where it was easy to feel vulnerable and judged and how he persevered, because by telling his story of a life battling anxiety and depression, he hoped that it would eventually bring greater understanding and awareness to mental health issues across Ireland and beyond. And to allow others just like him to start the process of recovery one small step at a time, sending the message to everyone from school pupils to CEOs that it's 'Ok not to feel Ok sometimes', and 'it's absolutely ok to talk about it and ask for help'.

Peter Dowdall, the Irish gardener designing for biodiversity

Tuesday 7th May 7pm Thurles Library

Booking essential: 052 616 6131



All his life Peter Dowdall has been interested in and worked in gardens, gardening, landscaping and garden design in Ireland and the UK. Presenting on RTÉ and TV3 and on radio, Peter is also the Garden Design and Gardening columnist for the Irish Examiner newspaper and regularly writes for The Irish Garden magazine.

Sketchbook of Ireland - Art Workshop



Monday 20th May 10am Cashel Library

Booking essential: 062 63825

Maria Jordan-O'Reilly and Ani Morton from The Sketchbook Library of Ireland Project will join us to facilitate the exploration of this project and get creative. They will encourage participants to become involved but there is no obligation. The Project aims to compile an archive of Irish creativity. Once finished the sketchbooks will be added to the permanent collection and archived in their physical and digital library, creating a time capsule of creativity. Sketchbooks can be a personal visual journal including sketching, painting, collage, cyanotypes, written pieces basically anything creative without using glitter. "The sketchbooks forming physical testimonies of lives lived, documented and shared "It's not about being the best artist," Maria says, "it's about encouraging everybody to access that creativity."

Ireland's Own presented by Margaret Galvin

Wed 8th May 2pm, Carrick-on-Suir Library Wed 8th May 7pm, Clonmel Library Thur 9th May 11am, Tipperary town Library Bookings essential through the libraries

Writer Margaret Galvin considers the evolving nature of Ireland's Own over the many decades of its history since its inception in 1902. Particular emphasis will be placed on the adverts carried in the magazine and how they relate to the sociology of Ireland at that time. Regular features such as the pen friends will also be considered along with the more recent features contributed by RTÉ personalities Mary Kennedy, Michael Lyster, Maxi and Liam Nolan

Mary Halpin

Friday 31st May 11am Tipperary Town Library

Booking essential: 052 6166126

Mary Halpin is highly regarded in literary and dramatic circles. Her plays are regarded as being top drawer comedy with plenty of laughs for everyone. Her first play, Semi-Private won the Irish Times/Dublin Theatre Festival award for a play by a female playwright. She wrote for the Irish radio drama series Harbour Hotel before becoming a script writer and lead story writer for Fair City. Mary has written two further stage plays, Are You Listening to me, Gabyo? and Shady Ladies which were performed across Ireland and the UK. She has written radio plays for RTÉ and for BBC4 and articles for The Irish Times, U magazine and Woman's Way and has contributed to RTÉ Radio's Sunday Miscellany (The Age of Reason). Mary co-wrote a novel, Passion Flowers with Sheelagh MacHugh, has lectured at Listowel Writers' Week, and is completing her latest novel, The Naming Day.



Mary Kenny Irish journalist, broadcaster and playwright

Thursday 16th May 2.30pm Nenagh library Booking essential: 067 34404

A working journalist for 60 years, Mary, now aged 80, is still toiling away in the media. Developing a close interest in the social history of Ireland, Mary has come to believe that one of the greatest contribution senior citizens can make is remembering how things were, and seeing the past in the context of the past."

She has written for over 30 newspapers and magazines, as well as a "selective memoir" in 2013, Something of Myself – and Others, which included a long autobiographical essay about being a carer for her husband after he suffered from a stroke. A Day at a Time, is a collection of reflections, published in December 2016.

Singer songwriter Sarah Croker

Tuesday 28th May 7pm Nenagh Library Booking essential: 067 34404

Sarah Croker is a singer songwriter from Tipperary, currently pursuing a Masters in Songwriting from the World Academy of Irish Music in UL. Sarah, accompanied by a special guest, will take listeners on a journey through Irish music from its Sean Nós origins, the Celtic Connections era and American influences through to modern day.

Big Splash (Play)

Wednesday 1st May 7pm Clonmel Library Booking essential: 052 616 6130

Big Splash Small Fish, Jim Keane's latest comedy, has received rave reviews from audiences The plot surrounds a dreamer trying to make his first million. This two-part comedy is based in a typical country pub in modern day Ireland. Find out what happens when a teacher, a horse whisperer and politician walk into a bar...

Speaking on Tipp Today Jim explained what inspired the title: "It was a conversation I had with a fisherman, many, many years ago. We were standing on the banks of the river Suir... He was fly fishing. I could see this big splash in the river... I said to him "gee that must be a big trout over there" He said "nah that's a small fish making a big splash".



We are grateful to have the support of Tipperary ETB who are providing workshops in all our branches throughout May.

May Wellness with Jennie Hannigan

Bookings essential through library

This four-week introduction to mindfulness meditation includes breathing techniques and deep relaxation exercise. How to calm a busy and over thinking mind through practical exercises and working with the breath. Life coping skills and techniques for dealing with stress and anxiety. Learning how to be fully present in the here and now. Bringing gratitude into daily life and learning how to respond as opposed to reacting to life events. Jennie will teach a variety of skills and techniques in managing difficult and challenging emotions, self-care and wellness tips and a variety of stress management techniques and positive mental health skills.

These sessions shall run over four weeks beginning the week of 3rd May

Further details under listings for Carrick on Suir, Cashel, Clonmel and Tipperary Town libraries

Carrick-on-Suir library from Wed 8th May

Cashel library from Tues 7th May

Clonmel library from Wed 8th May

Tipperary town library from Thurs 9th May

Decoupage with Mairead Kennedy

Friday 24th May 11am, Cahir Library

Saturday 18th May 11am, Cashel Library

Thursday 30th May 11:30am, Killenaule Library.

Bookings essential through library

Mairead aims to upcycle/recycle household stuff that goes to bins (e.g., tins, jars, milk cartons) giving them a new lease of life and a different purpose using very simple methods and products. Upcycle old coasters and personalise them with initials and also make a small key/dog lead hanger with a square of wood. Materials supplied.

Wood Carving with Para Havatitye

Thursday 23rd May 10am - 12pm, Nenagh library

Thursday 23rd May 2 - 4pm, Roscrea library

Thursday 30th May 10am - 12pm, Thurles library

Thursday 30th May 1 - 3pm, Templemore library

Bookings essential through library

Master wood carver Para Havatitye has a unique gift in crafting sculptures by hand and chainsaw. Step into a world where wood comes alive in our captivating wood carving exhibition. Marvel at the mastery of intricate designs, from traditional to contemporary. Immerse yourself in the beauty and craftsmanship of each sculpted piece

BORRISOKANE LIBRARY

Booking essential: 067 27199

Needle felting with Sandra Coote

Thursday 2nd May 2 - 4pm

Create your own unique wool fibre picture with Sandra Coote of Crafts of Ireland

Arts & Crafts with Olivia O'Donovan

Tuesday 7th May 2 - 4pm

An introduction workshop in lino and felting. This workshop/demonstration will guide you through step-by-step instructions to start a simple craft. No experience or prior knowledge is needed for this workshop, all levels welcome

CAHIR LIBRARY

Booking essential: 052 7442075

Crochet for beginners with Mary Jenkins

Friday 10th May 2 - 3.30pm

Book-folding (intergenerational)

Monday 13th May 1.30 - 2.30pm

Sustainable gardening and growing with nature with Adrian O'Connor

Tuesday 14th May 11am

Sing your way down memory lane with Suzanne Buttimer

Friday 17th May 10am

An interactive singing session designed to engage and evoke the participants.

Knitting (intergenerational)

Monday 20th May 1.30 - 2.30pm

Weaving with Katie Nolan

Tuesday 21st May 2pm

Katie Nolan is a Visual Artist and Adult Education Tutor. Whether you are a beginner or an accomplished maker, the workshops will let your creativity flourish while also giving you a chance to build on, and share, your knowledge and skill with others.

Decoupage with Mairead Kennedy

Friday 24th May 11am See page 17 for details

Sustainability at home with Maire Shanahan

Tuesday 28th May 3pm

Reducing food Waste encourage sustainability. The whole aim of it is to reduce waste, while not costing the earth and hopefully helping it too!

CARRICK-ON-SUIR LIBRARY

Booking essential: 051 640591

May Wellness with Jennie Hannigan

Wednesdays 8th, 15th, 22nd & 29th May 12 - 1.30pm (4 week course)

See page 17 for details

Ireland's Own presented by Margaret Galvin

Wednesday 8th May 2 - 3pm

See page 15 for details

Silk Painting presented with Inseun Kim

Fridays 19th, 26th April, 3rd, 10th, 17th, 24th May 11am - 12.30pm (6 week course)

Dementia Café

Monday 13th May 11am - 12.30pm

This once monthly meeting is for anyone who is affected by dementia.

Carrick Miscellany

Wednesday 22nd May 7 - 8pm

Carrick Library Miscellany is a regular Bealtine event in the library and follows the format of the RTÉ Radio 1 Sunday Miscellany Programme. It features poetry, short stories and a little drama interspersed with live music.

Sustainability at home with Maire Shanahan

Tuesday 4th June 3pm

Reducing food waste – Sustainability and environmental impact. The whole aim of it is to reduce waste, while not costing the earth and hopefully helping it too!

CASHEL LIBRARY

Booking essential: 062 63825

"Sing your way down memory lane" with Suzanne Buttimer

Friday 3rd May 10am

Join Suzanne Buttimer for an interactive singing session designed to engage and evoke happy memories.

Line Dancing with Bernie Corbett

Fridays 3rd, 10th, 17th and 24th May 11.30am

A fun way to exercise, socialise and make new friends. Dancing and music are essential for self-care and well-being in this challenging and busy environment. No partner needed and all welcome. Dust your boots off and get ready to Line Dance!

May Wellness with Jennie Hannigan

Tuesdays 7th, 14th, 21st, 28th May 1.15 - 2.45pm (4 week course)

See page 17 for details

Karaoke Sing along

Monday 13th May 11am

Memory Café

Tuesday 14th May 11am-1pm

Afternoon Tea

Wednesday 15th May 2.30pm

Join us for Afternoon Tea as part of Hello, How Are You?

Decoupage with Mairead Kennedy ETB

Saturday 18th May 11am See page 17 for details

Sketchbook of Ireland - Art Workshop

Monday 20th May 10am See page 15 for details

CLONMEL LIBRARY

Booking essential: 052 616 6130

Big Splash (Play) Jim Keane's latest comedy

Wednesday 1st May 7pm See page 16 for details

May Wellness with Jennie Hannigan

Fridays 3rd, 10th, 17th and 24th May 9.30 - 11am (4 week course)

See page 17 for details

Ireland's Own Talk with Margaret Galvin

Wednesday 8th May 7pm See page 15 for details

Weaving with Katie Nolan

Tuesdays 14th May and 21st May 10am - 12pm

Katie Nolan is a Visual Artist. Whether you are a beginner or an accomplished maker, the workshops will let your creativity flourish while also giving you a chance to build on, and share, your knowledge and skill with others.

KILLENAULE LIBRARY

Booking essential: 052 9157906

Sustainable gardening & growing with nature with Adrian O'Connor

Thursday 16th May 2.30pm

"Sing your way down memory lane" with Suzanne Buttimer

Thursday 23rd May 11am

Join Suzanne Buttimer for an interactive singing session designed to engage and evoke happy memories.

Decoupage and Upcycling with Mairead Kennedy

Thursday 30th May 11.30am See page 17 for details

Personal, home and internet safety with Raymond Moloney

Thursday 30th May 2pm

Presentation by Raymond Moloney, Community Policing Sergeant, on personal, home and internet safety.

NENAGH LIBRARY

Booking essential: 067 34404

Needle felting with Sandra Coote

Thursday 2nd May 10.30am - 12.30pm

Create your own unique wool fibre picture with Sandra Coote of Crafts of Ireland

Ceramics with Gerardine Wisdom

Tuesday 7th May 10am - 12pm

Unleash your creativity in our hands-on ceramics workshop! Learn the art of moulding clay into beautiful pottery pieces. Perfect for beginners and enthusiasts alike, discover the joy of sculpting with expert guidance. Numbers limited to 10

Cookery with Colleen Kelly

Thursday 9th May 1 - 2.30pm

Join our cookery workshop and embark on a culinary journey! From mastering essential techniques to crafting gourmet delights, immerse yourself in the world of flavors and aromas. Elevate your cooking skills and create memorable dishes with us. Numbers limited to 20

Antiques are Green! Talk & Valuation with Louise Mitchell & John Gleeson

Tuesday 14th May 7pm

A modern reflection on buying antique or vintage items, rather than new. Followed by What's it Worth? Have your treasures appraised by Anne-Louise Mitchell (Roscrea) & John Gleeson

Wood Carving Exhibitions with Para Havatitye

Thursday 23rd May 10am - 12pm See page 17 for details

Join Mary Kenny Irish journalist, broadcaster and playwright

Thursday 16th May 2.30pm See page 16 for details

Singer/song writer Sarah Croker

Tuesday 28th May 7pm See page 16 for details

ROSCREA LIBRARY

Booking essential: 0505 22032

Beginner's Tai Chi with Caroline Rainsford

Thursdays 9th, 16th, 23rd, 30th May 10am

Tai Chi is a mind body exercise, also called 'meditation in motion' consisting of still exercises or meditation along with moving exercises called forms. Come along to improve agility, balance, posture and co-ordination, upper and lower body strength and help reduce stress.

Flower Arranging with Roisin O Connell, The Flower Whisperer

Tuesday 14th May 10am

Come in and create a beautiful arrangement to celebrate the beautiful month of May. Many of us have the memory of a May alter from our childhoods, in this workshop we revisit the memories and construct our own arrangements to welcome the summer.

Arts & Crafts with Olivia O'Donovan

Tuesday 14th May 2 - 4pm

An introduction workshop in lino and felting. This workshop/demonstration will guide you through step-by-step instructions to start a simple craft. No experience or prior knowledge is needed for this workshop, all levels welcome

Wood Carving Exhibition with Para Havatitye

Thursday 30th May 2 - 5pm See page 17 for details

TEMPLEMORE LIBRARY

Booking essential: 0504 32555

Personal, home and internet safety with Raymond Moloney Community Policing Sergeant

Thursday 2nd May 6.30pm

Creative weaving and basketry with Lynn Kirkham

Friday 3rd May 2pm

Come and have fun exploring natural materials. Learn creative weaving and basketry skills from materials such as willow, sticks, fabrics, bark and leaves. Lynn Kirkham is one of Ireland's top artists, and this is a fantastic opportunity to work with her.

Unlock your creativity in our Collage Workshop

Wednesday 8th May 3 - 4.30pm

Create a folded sketchbook to decorated with collage, stamping and mark making techniques. No previous knowledge required as the emphasis will be on experimenting with colour and the placing of your collaged elements. We will use plants as a starting point and layer marks, colours and paper to make a unique sketchbook that will help you develop your own style. Learn about the history of collage and explore how you can add to your sketchbook whenever you feel inspired.

Art workshop

Friday 10th May 11am - 12pm

Awaken your creativity and explore painting techniques in a safe encouraging environment. This is an opportunity for you to try a handson approach to using colour and texture in a painting.

Flower Arranging with Flower Whisperer, Roisin O Connell

Tuesday 14th May 2.30pm

Create a beautiful arrangement to celebrate the beautiful month of May. Many of us have the memory of a May alter from our childhoods, in this workshop we revisit the memories and construct our own arrangements to welcome the summer.

Exploring Photography Workshop Thursday 23 May 6.45 - 7.45pm

Camera basics, how to get started taking photographs, how to upload and print your photographs. Demonstration on how to access the online photography courses available through the library service. Smartphone camera users welcome as well as those wanting information on buying their first camera.

Wood Carving with master wood carver Para Havatitye

Thursday 30th May 1 - 3pm See page 17 for details

THURLES LIBRARY

Booking essential: 052 616 6131

Chair Yoga with Donal Quirke

Wednesdays 1st, 8th, 15th & 22nd May 3.30 - 4.30pm

Focus on wellness and health – both physical and mental

Peter Dowdall 'The Irish Gardener' Designing for Biodiversity

Tuesday 7th May 7pm See page 14 for details

Beginner's Tai Chi with Caroline Rainsford

Thursdays 9th, 16th, 23rd, 30th May 2pm

Tai Chi is a mind body exercise, also called 'meditation in motion' consisting of still exercises or meditation along with moving exercises called forms. Come along to improve agility, balance, posture and co-ordination, upper and lower body strength and help reduce stress.

Art workshop

Monday 13th May 2.30 - 3.30pm

Awaken your creativity and explore painting techniques in a safe encouraging environment. This is an opportunity for you to try a handson approach to using colour and texture in a painting

Author Visit with Susie Murphy

Wednesday 15th May 11.30am

Susie Murphy is the author of A Matter of Class, a historical romance saga set in Ireland, England and America during the 19th century. She is a full-time independent author with a passion for history and love stories. Susie will speak about her books, including her career to date and her writing process. A reading follows. She is looking forward to chatting with readers!

Antiques are Green! Talk & Valuation with Louise Mitchell & John Gleeson

Friday 17th May 2.30pm

A modern reflection on buying antique or vintage items, rather than new. Followed by What's it Worth? Have your treasures appraised by Anne-Louise Mitchell (Roscrea) & John Gleeson

Personal, home and internet safety with Raymond Moloney

Wednesday 29th May 11.30am

Presentation by Raymond Moloney Community Policing Sergeant on personal, home and internet safety.

Wood Carving Exhibition with Para Havatitye

Thursday 30th May 10am - 12pm

See page 17 for details

TIPPERARY TOWN LIBRARY

Booking essential: 052 616 6126

Brain games

Wednesday 1st May 11am - 1pm

Challenge your mind with board games, Sudoku, and more! Engage in strategic battles, laugh out loud, and spark your creativity...

St Ailbhe School Choir performance

Friday 3rd May 11.30am

Join us for performance by St Ailbhe School Choir

Top to Toes Mobility

Mondays 6th, 13th, 20th & 27th May

An instructor-led follow along mobility class providing individual input to all your joint structures in your body, with exercises and movements for all levels of physical ability, with the intention of assisting each individual to increase their daily strength and mobility ability.

May Wellness with Jennie Hannigan

Tuesdays 7th, 14th, 21st, 28th May 9.30 - 11am See page 17 for details

Edmund Finn's Retirement Project: The Chronicles of Early Melbourne with Dr Liz Rushen

Tuesday 7th May 7pm

Born in January 1819 in Tipperary, Edmund Finn migrated to Australia in 1841. Finn's book, The Chronicles of Early Melbourne, 1835-1852: Historical, Anecdotal and Personal, published under his pseudonym 'Garryowen' reveals that the Irish presence was intrinsic to the city's development.

Ireland's Own presented by Margaret Galvin

Thursday 9th May 11am See page 15 for details

Young at Heart

Wednesday 15th May 12.15pm Join us for music with Young at Heart

Workshops with Maureen Walsh

Thursdays 9th, 16th & 23rd May 2 - 4pm

Join Maureen Walsh - well known stylist and dramatist for over 30 years for three workshops

- Perfect packing
- Discover your Style personality
- Look good, feel good

Enduring Powers of Attorney, Wills, the Fair Deal scheme, Assisted Decision-Making act

Thursday 16th May 10.30am

Join us for a talk by Ronan Kennedy of Kennedy Frewen O'Sullivan Solicitors

Tracing your family tree with Noreen Higgins McHugh

Thursdays 16th & 23rd May 11am -12.30pm

Instruction on the tools and sources that are available to conduct personal, family and research and on how to start the process of tracing your family tree

"The Good Old Days - A morning of memories" with Sarah Croker

Fridays 17th and 24th May 10am - 12.30pm (continues 7th, 14th June)

Join Singer/Songwriter Sarah Croker for a look back at songs and stories of our time

Sustainable gardening and growing with nature with Adrian O'Connor

Friday 17th May 2.30pm

"Sing your way down memory lane" with Suzanne Buttimer

Monday 20th May 12pm

Join Suzanne Buttimer for an interactive singing session designed to engage and evoke happy memories.

Upcycling Café with Rebecca Palmer

Tuesdays 21st & 28th May 1 - 3pm (continues 4th, 11th, 18th, 25th June)

Come along with textiles needing repair or updating and learn how to get real value for money from these throw away items. Zips, seams, hems, etc. Come along and watch, bring just one item or a few, come every week or just one. A flexible fun drop in event.

Readings and chat with Mary Cotter

Tuesday 21st May 7pm

Born and reared in Tipperary, Mary Cotter has been writing all her life. First published by The Nationalist 2005-2009, poetry collections and short stories include This Last Grace, An Eye on Myself, Cusp, Fionnuala's Feathers and Spike - a novel (2021). She is rewriting her current novel A Boat for Benny to be completed by the Autumn.

Personal, home and internet safety with Raymond Moloney

Wednesday 22nd May 11.30am

Presentation by Raymond Moloney Community Policing Sergeant, on personal, home and internet safety.

Sustainability at home with Maire Shanahan

Wednesday 22nd May 2.30pm

Reducing food Waste encourage sustainability. The whole aim of it is to reduce waste, while not costing the earth and hopefully helping it too!

Mary Halpin in conversation

Friday 31st May 11am See page 15 for details



Age Friendly Ireland's vision is to make Ireland a great country in which to grow old. The programme provides for a multiagency, multi-sectoral approach to age-related planning and service provision.

Tipperary Age Friendly EXPO

On Thursday 20th June from 12 noon to 3pm, Tipperary Age Friendly will host its annual EXPO in association with the Tipperary Older Peoples Council at the TUS College Campus in Thurles. The EXPO is free to attend and Tipperary Age Friendly provides a small grant to older adult community groups to support transport for the event. The EXPO provides an opportunity to connect and engage with other groups across the county, to hear about topics of interest, particularly around topics of lifelong learning, volunteering, safety and security, supporting you to live independently in your own home and a range of technologies to support you living in vour own home.



For more information in relation to Tipperary Age Friendly or to attend the EXPO please contact Cliona, Fiona or Angela by email on agefriendly@tipperarycoco.ie Landline 0818 06 5000 or mobile Cliona (087 0625408) Angela (087 706 7903) Fiona (087 1252938).



Music, Literature, Visual Arts & More

Don't miss out - even though most events are free, be sure to book for events in advance at the relevant venues as places are limited.

Tipperary County Council Arts Office Civic Offices Limerick Road Nenagh

Co.Tipperary

0818 065000
artsoffice@tipperarycoco.ie
www.tipperarycoco.ie

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